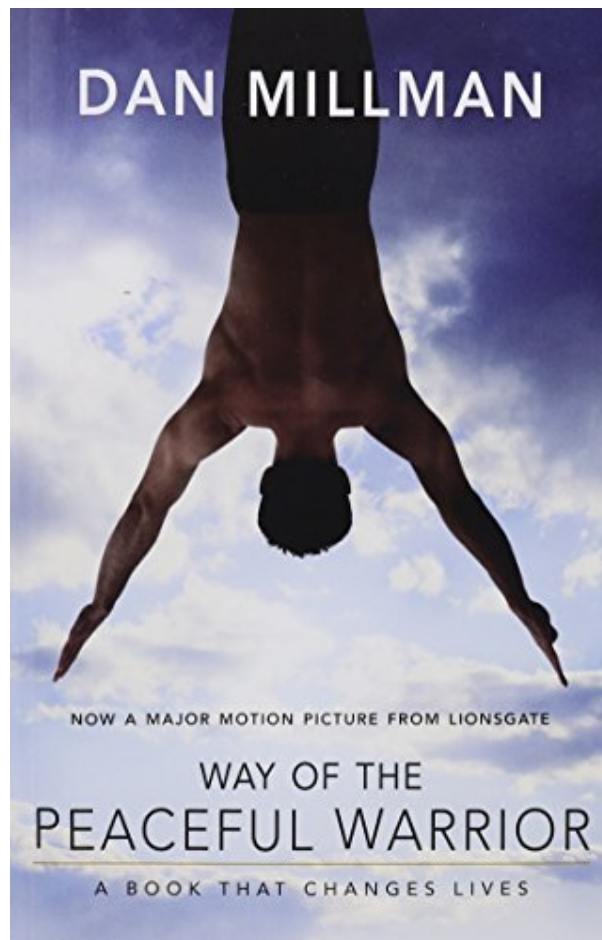
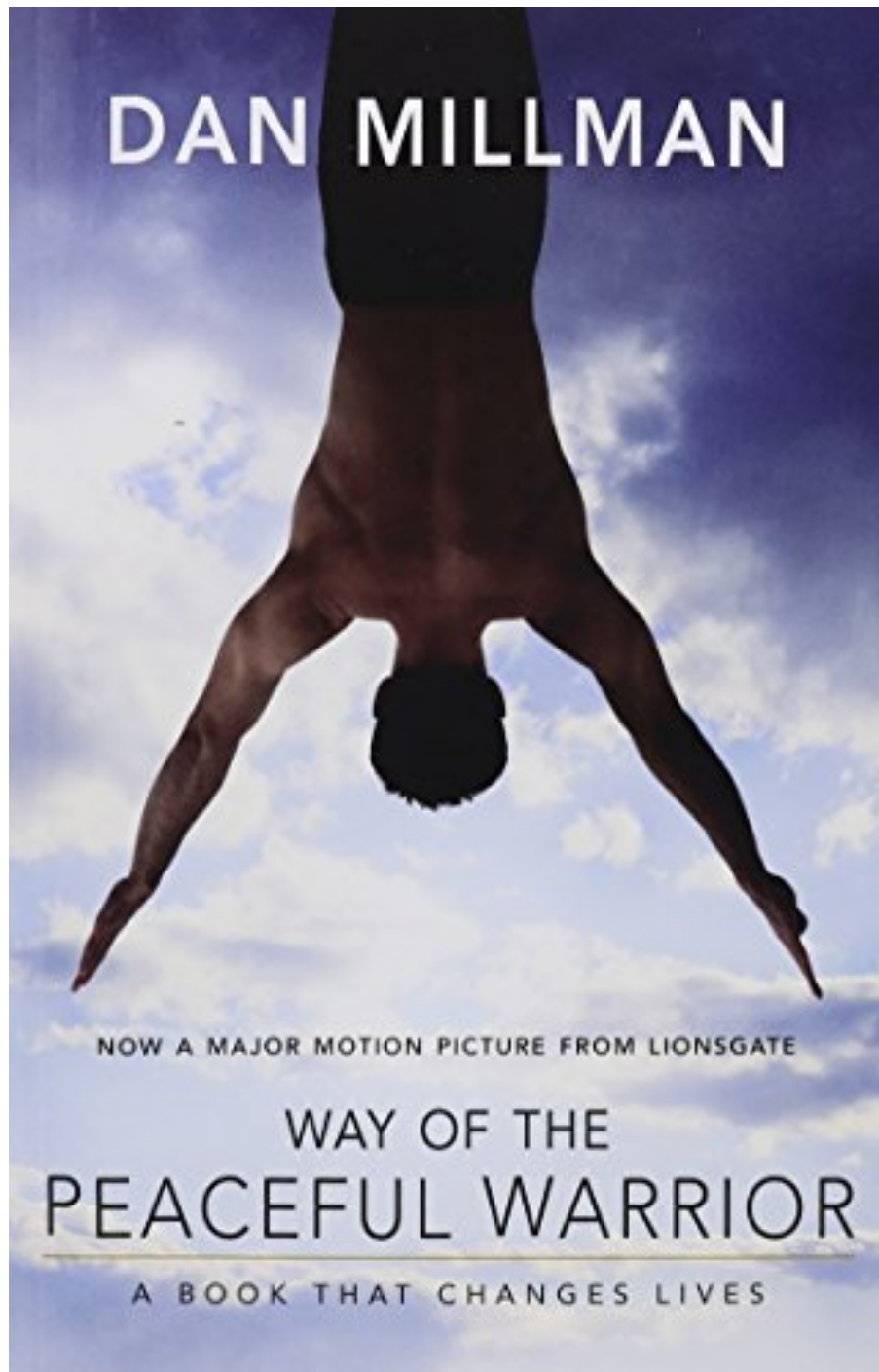


# WAY OF THE PEACEFUL WARRIOR: A BOOK THAT CHANGES LIVES BY DAN MILLMAN



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## Amazon.com Review

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"This book is so appealing," commented Virginia Satir, "because it provides an easy access for people to naturally identify, connect and be in touch with the spiritual part of themselves."

Indeed, Way of the Peaceful Warrior does just that with its piercing truths, lively narrative and humorous wisdom. Like Castaneda, it enables the reader to reflect on the deepest questions of life. Yet unlike Don Juan, it spotlights the path to a happy, uncomplicated life without dependency on drugs.

Told with drama and insight, the novel revolves around Dan, a world champion gymnast and student at the University of California at Berkeley. The story begins when Dan meets his powerful 96-year-old mentor Socrates, an all-night gas station attendant.

Guided by this wise old mentor and tempted by an elusive and playful woman named Joy, Dan journeys through everyday reality and metaphysical realms. He travels the paths of flesh and spirit, romance and terror, light and darkness, laughter and magic, learning new ways to see the world and live life fully.

Thematically, this tale of the eternal human quest for the meaning of life is the path of transformation and enlightenment. It uncovers concepts known deep inside but really allowed to wake up and be content with this knowledge. There is no need to search, so just be happy now! Love is the only reality of the world, because it is all One - and the only laws are paradox, humor and change.

After reading *Way of the Peaceful Warrior* don't tuck it away on a bookshelf to gather dust. Keep it close at hand, and recapture guidance from many of the metaphors sprinkled throughout the story. The secret of happiness, Socrates so aptly points out, is not found in seeking more, but in developing the capacity to enjoy less. -- Association for Humanistic Psychology Newsletter, July, 1984

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From the Publisher

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Way of the Peaceful Warrior is based on the story of Dan Millman, a world champion athlete, who journeys into realms of romance and magic, light and darkness, body, mind, and spirit. Guided by a powerful old warrior named Socrates and tempted by an elusive, playful woman named Joy, Dan is led toward a final confrontation that will deliver or destroy him. Readers join Dan as he learns to live as a peaceful warrior. This international bestseller conveys piercing truths and humorous wisdom, speaking directly to the universal quest for happiness.

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- Brand: Brand: New World Library
- Model: 1861009
- Published on: 2006-04-13
- Original language: English
- Number of items: 1
- Dimensions: 8.25" h x 5.50" w x .50" l, .57 pounds
- Binding: Paperback
- 217 pages

## Features

- Great product!

## Amazon.com Review

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0 of 0 people found the following review helpful.

Probably not made for anyone over the age of 16

By Brett

Standard Spoiler Alert

Did not like. Did not teach me much. And what little it did illuminate was sprinkled between page after page after page of painful dialogue, old cliches, and cringey jokes.

The one thing I hated most of all was Socrates. He embodied everything I hate about how mentors are written into books nowadays. He was literally perfect: he had no flaws, could do anything, and knew everything (even how to coach gymnastics better than a gymnastics coach, WTF??). But worst of all he had that tired old "quasi-crazy guru" trope going through out the entire book. Imagine Luke trying to learn the Force from Yoda, but instead of him dropping the quirky, silly, feeble act and talking to Luke like an adult as he imparted his wisdom, he just kept it up the entire time. Well that's what it was like every time Socrates opened his mouth.

If there's one thing I cant stand in a book more than anything it's being spoken to like I am stupid, and since Dan is supposed to be the reader's avatar in the story, he reader is subjected to every barb and jab that Socrates throws at Dan. Or maybe that's just me; I guess I'm just not as enlightened as old Soc.

Toward the end of the story we find Dan in a broken marriage with a daughter he doesn't see. And I thought "Oh good, something for us grown ups to sink our teeth into". But no. He just skirts the entire thing and pretends like his running away to chase enlightenment wouldn't have caused horrible and lasting psychological and emotional damage to his young daughter. But, you know, I guess family isn't as important as being able to hold the vaunted title of Enlightened.

I'll grant that there are a few nuggets that did allow me to pause and reflect upon my own life, but I would so much rather the author have just written his book without all the magic, teenage drama filler, pseudoscience, and just focused on properly communicating the Buddhist teachings he is trying to convey.

0 of 0 people found the following review helpful.

Hands down most core rocking book I've read

By andrew reber

As the title states this book was the most influential book I've ever read. The journey takes you on a so spiritual that you can't Help but to go along. I've never felt a character so alive in a book I felt like Socrates was my teacher and I knew him and he is change my life through the book. I cannot recommend this book enough to anyone is thinking about reading it. I ordered it on Kindle and had to order the book just to know I have a hard copy always.

The book is about life wisdom that is beyond New Age and transcends any self-help type subject matter out there. This book will wake you up in life if you're already awake it will remind you and refresh you

6 of 6 people found the following review helpful.

Words are not enough

By John M. Sage

Many people who read this book find themselves changed, even subtly, by the lessons within. I took it a step further. I am consciously applying these lessons and philosophies to my life.

A little background.

I'm 26, in the military, have an injured knee the doctors say will never recover fully and will hurt for the rest of my life, a failed marriage under my belt already, hate my job, find most of my coworkers intolerable, out of shape, diagnosed with anxiety, depression, insomnia.... the list goes on.

I read this book two weeks ago.

In that time, I have learned to be happy. I have learned to appreciate the world around me. Started getting along with my coworkers, mended old friendships that were crumbling, my knee is almost fully recovered after a year of chronic pain, my eating is better, I am sleeping better, waking up easier, and every day is a good day. Nothing AROUND me has changed. Only how I react to it. It's not always easy. Things still bother me. I still get angry, or sad. But now, it passes faster and I return to what has become my natural state. Happiness. Peace.

This book can change your life if you let it. It tells you how, if you will listen. Some of the book is fictional. Dan Millman has never made any secrets about the fact that he embellished to make it a more interesting read, and to really get across how amazing Socrates was. This is OK.

Because frankly, it doesn't matter whether it is all a complete historical autobiography or not. The LESSONS are real, and the teacher was real. I do not believe there is anyone on earth who cannot find some benefit from learning the way of the Peaceful Warrior.

Read this book. Let it simmer in your thoughts. Let it guide you to the Way. And then, my friends... travel with us! Life is amazing if you will let it be!

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