

THE ADVENTURES OF SOBERMAN! BY PAJO



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THE ADVENTURES OF SOBERMAN! BY PAJO PDF

In *The Adventures of Soberman!*, the author recognizes the value of humor in recovery from alcoholism. Despite a terrible addiction and great emotional pain, "Pajo" clings to his sense of humor like a shipwrecked man clings to a life raft. He survived growing up on the mean streets of New York's Hell's Kitchen neighborhood. He survived combat and relentless shelling in the jungles of Vietnam. The greatest challenge, though, was the battle with alcohol, coupled with a struggle with his sexuality. There were thoughts of suicide. With the help of Alcoholics Anonymous, loving friends and family, he got sober and found himself. Looking back, there are many funny stories, before and after sobriety. Recovery is lifelong, but now it's enjoyable. The adventures continue!

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1 of 1 people found the following review helpful.

"The Adventures of Soberman" is a great read!

By JoanC "Love to Read"

This book should prove to be an inspiration for anyone who is either (or both as the author is) an alcoholic or gay person or in any type of recovery program. The author not only managed to come to terms with both his alcoholism and sexuality, but has also been able to turn his life around and be of help to others with similar issues. While acknowledging that his family background, in terms of his alcoholism, may have contributed to his own alcoholism, he does not harbor resentment towards them. Rather, as the child of an alcoholic, his book embraces his family because he realizes that people are not perfect and everyone has to deal with the problems of their parents, including his own children. He has come to terms with his life and, refreshingly, takes responsibility for his own actions. For me, the best aspect of this book is how he has learn to accept his own foibles and the foibles of those around him with both wit and wisdom.

1 of 1 people found the following review helpful.

Funny, lighthearted, warm read about a sometimes tragic life

By Best Tom

This book is great! It is well worth your time if you're interested in recovery / sobriety, spirituality, issues of sexuality, or just interested in a light-hearted, comical autobiography of an Irish Catholic, born & raised in Hell's Kitchen, sent off ("volunteered") to Vietnam.

It's really got some humorous anecdotes in it that I just couldn't stop myself from turning the page, wondering when I'd be laughing next. Often, it wasn't several pages before I was cracking up - again and again.

Plus, the honesty - of his alcoholism, his battle w/ being gay, in the closet, out of the closet, in his spiritual life & trying to balance that against his Catholic up-bringing was just very revealing, honest, sincere and intriguing.

This book is well worth your time, a quick read and more than enjoyable.

0 of 0 people found the following review helpful.

Great Review from Instinct Magazine

By Pajo

Instinct Magazine (October 2005) - Page 32 - Michael Williams

Sit back, grab a book and pour yourself a drink. Well, maybe not that last part. The Adventures of Soberman! is a tall glass of laugh-out-loud misadventures about the author's battle with alcoholism and everything else. The author cleverly recounts his life experiences growing up Irish-Catholic in Hell's Kitchen, going to war in Vietnam, being married, realizing he is gay and discovering Alcoholics Anonymous-all while peppering his memories with hilarious and often touching anecdotes. Soberman! just might leave you with a thought hangover.

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