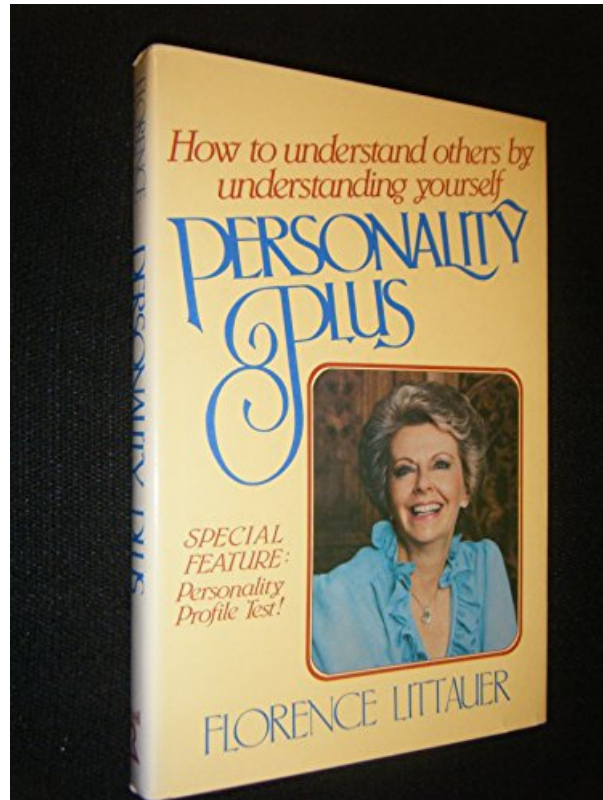
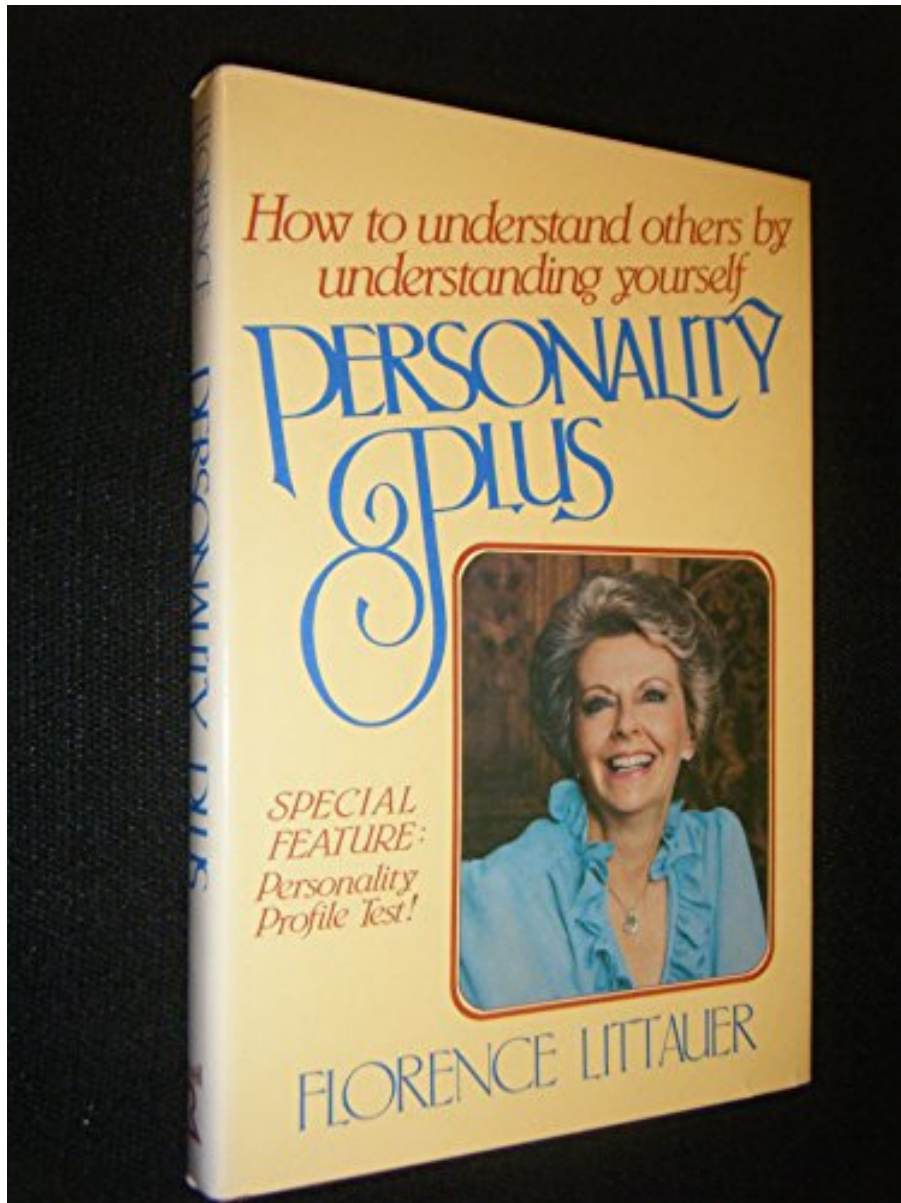


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From the Back Cover

Each of the following statements relates to one of the four basic personality types: Melancholy, Phlegmatic, Sanguine, and Choleric.

Which of these statements do you relate to most?

- Whether at home or work, I am well organized and keep everything in its proper place.
- It's difficult for me to express excitement, even about something that's really important to me.
- When shopping at the mall, it's not unusual for me to forget where I parked the car.
- I get annoyed when my employees don't follow my instructions to the letter.

In *Personality Plus*, Florence Littauer gives you valuable insight for appreciating your one-of-a-kind, God-given personality. She includes a Personality Profile test that reveals how your unique blend of traits affects your emotions, work performance, and relationships. Through humorous anecdotes and straightforward counsel, *Personality Plus* guides you to improve upon your strengths and correct your weaknesses.

This engaging book also provides keys to understanding those around you. You'll learn how to accept-and even enjoy-the traits that make each of us so different. *Personality Plus* is the tool you need to change your life, and the lives of those you care about, for the better.

About the Author

Florence Littauer is the best-selling author of *Silver Boxes*, *Personality Plus for Couples*, *Personality Plus for Parents*, and several other books. She speaks internationally at seminars and retreats and is the president of CLASS Speakers, Inc. She and her husband, Fred, live in California.

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A revealing "personality profile" self-test and Littauer's insightful advice help readers better understand themselves and others. A best-seller.

- Sales Rank: #724895 in Books
- Brand: Brand: F.H. Revell Co
- Published on: 1983
- Number of items: 1
- Binding: Hardcover
- 188 pages

Features

- Used Book in Good Condition

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Most helpful customer reviews

4 of 4 people found the following review helpful.

Easy and funny read and much easier to understand than Myers-Briggs!

By Adrienne

This is truly my absolute most favorite book. I can't begin to tell you how many times I've read it myself or gifted it to friends. It is written in a lighthearted and entertaining way that makes it enjoyable to read at night before going to bed. Mrs. Littauer divides the personalities into 4 groups and has a fantastic way of communicating their traits, strengths, and weaknesses. It basically delivers the same message as the Myers-Briggs but without all the complicated E, S, T, I, etc. It provides wonderful insight into your own personality traits and is wonderful at helping you see how and why other people do what they do and say what they say. For example, I am a strong 'melancholy' personality type and like to have things right and in order (even if it's my own sense of order). I literally laughed out loud when she gave an example of her husband, also a melancholy, instructing her on how to put the toilet paper on correctly. She didn't know it could be incorrect. I do the exact same thing, even in public places or other people's homes. I figure if they don't notice it's not on incorrectly, then they won't notice or care that I've corrected it. Hysterical. Also have a friend who can come across as a bit brusque or aggressive. This book helped both of us see that her desire to get things accomplished can sometimes come across wrong. It's great it helping you tailor your message to the personality type of the recipient. You'll find yourself 'personality typing' all of your friends, etc. It helps explain a lot of the communication problems between people. This book is truly absolutely fantastic! Also, highly recommend 5 Love Languages to go along with it.

2 of 2 people found the following review helpful.

I didn't get much out of the book

By micha

I had hoped to use this in my business correspondences. I like the concept, but the book itself was extremely hard to get through. All of the personal stories (used as examples) and questionnaires to fill out and then add up the scores got tiresome and in the end I really didn't learn how to read other people's personalities so much as I can tell you in detail about my own personality now.

1 of 1 people found the following review helpful.

Excellent!!!

By A.V.P

This book is a must for life. My only regret is not reading it sooner!! If I was a school teacher, I would have all my students read. This book gets really specific about 4 different personality types and when you read this you understand yourself and others a lot better. Unfortunately, my personality is the powerful choleric with a mix of the other personalities and this had it nailed, made me see things I need to work on which turned out to be true :(... Also, it was great to be able to understand my family/friends a lot better. Love this book and Florence is so much fun to explain everything, not once was I bored!. I laughed, I cried (when I read about my weakness), but mostly, I gained a better understanding p about myself and others. Truly recommended!!

See all 269 customer reviews...

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