

# MFT EXAM FLASHCARD STUDY SYSTEM: MARRIAGE AND FAMILY THERAPY TEST PRACTICE QUESTIONS & REVIEW FOR THE EXAMINATION IN MARITAL AND FAMILY THE



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Review

Learn How to Quickly Solve Difficult MFT Test Questions

Here's a little "secret" about the MFT National Exam: the MFT test is what we in the test preparation field call a "content driven" test.

While some tests are looking to see what you are ABLE to learn, the purpose of the Examination in Marital and Family Therapy, offered by the Association of Marital and Family Regulatory Boards (AMFTRB), is to test your understanding of what you have already learned. The goal of the Marriage and Family Therapy Exam is to use a standardized testing process to create an objective assessment of a test taker's knowledge and skills.

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MFT Exam Flashcard Study System is a compilation of the hundreds of critical concepts you must understand to pass the MFT test. Nothing more, nothing less. --

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**\*\*\*Ace the MFT Exam and Get the Results You Deserve\*\*\***

The MFT exam is a challenging test and your results can make a huge difference when it comes to your future. If you do well on the exam, it can open doors and lead to wonderful opportunities. If you do poorly on the exam, you will find yourself with a lot fewer options. You may have to put your plans for the future on hold, or even give up on them altogether. Preparing for your exam with our MFT Exam Flashcard Study System can help you avoid this fate and give you a big advantage when you sit down to take the test. Thousands of satisfied customers have relied on Mometrix Flashcards to help them pass their exam, and now you can too.

When you study with these flashcards, you'll get an in-depth review of each section on the MFT exam.

The Practice of Marital and Family Therapy section includes:

- Mental health contributors
- Family systems theory
- Bowenian approach
- Structural family therapy
- Family development
- Therapy concerns
- Crisis intervention models
- Psychodynamic theory of personality

The MFT Assessing, Hypothesizing, Diagnosing section includes:

- Assessment approaches
- MRI assessment
- Forming a hypothesis
- Depression
- Grief
- Alcohol use disorder
- Suicide
- Divorce

The MFT Designing and Conducting Treatment section includes:

- Attachment theory



- Behavioral problems
- Psychoanalysis techniques
- Problem solving techniques
- Improving communication effectiveness
- Treating substance abuse
- Blended families
- Anger management

The MFT Evaluating/Terminating Treatment section includes:

- Early therapy strategies
- Middle therapy strategies
- Termination standards
- Solutions focused therapy feedback
- Functional Family Therapy goals
- Disengaging
- Analyzing therapy failure
- Therapist roles

The MFT Maintaining Ethical, Legal, and Professional Standards section includes:

- Warning indicators
- Informed consent
- Maintaining professional competence
- Client confidentiality
- Supervisee relationships
- Violation of professional ethics
- Training centers
- Credibility factors

...and much more!

We believe in delivering lots of value for your money, so the MFT Exam Flashcard Study System is packed with the critical information you'll need to master in order to ace the MFT exam.

Study after study has shown that spaced repetition is the most effective form of learning, and nothing beats flashcards when it comes to making repetitive learning fun and fast. MFT Exam Flashcard Study System uses repetitive methods of study to teach you how to break apart and quickly solve difficult test questions on the test.

Our flashcards enable you to study small, digestible bits of information that are easy to learn and give you exposure to the different question types and concepts. With our flashcards, you'll be able to study anywhere, whenever you have a few free minutes of time.

Our company has helped thousands of people achieve their education goals. MFT Exam Flashcard Study System can help you get the results you deserve.

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Most helpful customer reviews

7 of 7 people found the following review helpful.

Great

By Yvonne

I have purchased over hundreds of dollars in MFT materials which I now realize wasn't worth the money I spent. I took the exam 3 times and failed them. I started to think I had chosen the wrong profession and took some time off to do some serious thinking about my situation. I asked a few colleagues about what study materials they used to prepare for the exam and they recommended your products. I'm now studying again after looking thru your products and was impressed. I now have the confidence to try again to past the exam.

1 of 1 people found the following review helpful.

I purchased the MFT flash card set and the MFT ...

By Suzanne Zeman

I purchased the MFT flash card set and the MFT practice secrets, and I am excited to begin learning new

information and recovering the previously-learning information that is stuck somewhere in the cognitive framework of my mind. I'm just starting on learning 5 cards each day, and I'm thrilled with the shoe-box study idea. I'm also teaching the concept to my four teenagers, and I believe that if they continue to use it, they will enhance their grades and memory.

1 of 1 people found the following review helpful.

So far so good

By Kinky

So far so good, I havent taken the test yet. The information on the cards are very helpful but some can be a little lengthy and in depth but not a bad thing. I like the examples they use it makes things a little easier to make the connection.

[See all 53 customer reviews...](#)

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